



## Participant Success Stories

“You can work at your own pace and set specific goals you want to focus on. If you ever run into an issue you need help with, you can easily set up a phone appointment. The videos are key, as well. ABA waitlists sometimes can be up to a year, and this was paramount in my daughter’s progress while we waited for a therapist through insurance.”

**- Maggie, RethinkCare Participant**

“Before using RethinkCare, my child was not responding well in a social setting with other adults or children his age. RethinkCare taught my family how to approach/teach my child. It made him adapting to a school setting so much better within a few months. He still has lots to learn, and with more material added to RethinkCare continuously, we will be using it non-stop. If my employer didn’t offer this, I would have been lost, upset and stressed out.”

**- Amber, RethinkCare Participant**

“Before using RethinkCare, my son’s challenges included maintaining attention during our homework sessions. As a parent, this is frustrating, but with RethinkCare, I was able to cater to his interests and keep his attention. We’ve been able to get homework done in a timely manner. The resources are endless. Not everyone has a teaching degree, and even if we did, some children need different aids to learn. RethinkCare makes it easy to follow different forms of teaching according to your child’s responses. It should be advertised as being part of the perks and benefits in the company.”

**- Bethshaimarie, RethinkCare Participant**

"I was struggling to help my son adjust to a new school environment. I felt like I was failing him as a parent. RethinkCare empowered me with a new approach to my son's issue."

**- Bridget, RethinkCare Participant**

"RethinkCare provides great resources for parents to tailor a development or learning plan for their child."

**- Chris, RethinkCare Participant**

"Since I've been using RethinkCare, it has helped my two boys tremendously. I am forever grateful. This program has given my boys the confidence to be successful in their reading and communication."

**- Charlett, RethinkCare Participant**

"The availability of practical resources (e.g., motivation boards, worksheets, etc.) combined with live teleconsultation provide the right kind of support."

**- David, RethinkCare Participant**

"This program was so helpful to us just in validation that we knew our child best, what was right for him and that we weren't wrong in thinking our child needed some help not only educationally, but emotionally. It was a relief to talk to someone who understood our struggles and had a plethora of suggestions of things to try that were actually helpful."

**- James, RethinkCare Participant**

"The most beneficial thing to me has been talking with my coach. I can tell her an example of a behavior I want to address, and she gives me concrete ideas to try. She is also very supportive. It has been so beneficial to me, and I have told several coworkers about it."

**- RethinkCare Participant**

“My son has ADHD. He’s struggled primarily with focus, impulsivity and attention span. He’s a fidgety, energetic guy with a huge heart and creative mind. I’ve used some of the tips and tricks that I’ve learned through a RethinkCare webinar on creating task charts and facilitating more organized and smooth mornings and evenings for both of my children! I also learned more about our rights as parents for a student with any challenges such as ADHD. RethinkCare is a supportive network and a database treasure-trove filled with helpful information. When you are concerned about something with your kids, you can feel very overwhelmed and lonely sometimes. It’s great to have a positive place to go and learn, ask questions and get great advice!”

**- Erin, RethinkCare Participant**

“There are a ton of resources on the site to look through, and you can browse for what you need. Our behavior expert had a lot of suggestions for help with routines. As parents of a special needs kid, it’s easy to feel lost and overwhelmed. We often place all our energy into helping our son, but RethinkCare helps us help ourselves and know that we’re not fighting the good fight alone.”

**- Michelle, RethinkCare Participant**

“You can learn so much! I am a mom of 7 and thought I knew it all until I had a child who is in his own world. My son does not like to be told to do anything. I would get frustrated beyond belief. Why could I not communicate with my own child? After reading and learning better ways to communicate and understand him, we are now working together to complete tasks. I am pulling back, and he is applying himself 100% instead of giving up or being defiant. RethinkCare helped me understand how to communicate and understand him. My son is a new child full of life and smiles now.”

**- Janelle, RethinkCare Participant**

“It gives a great insight into the world of children and how to meet their needs better as a parent.”

**- RethinkCare Participant**

“Our four-year-old son had a bad experience at summer camp, and it triggered some negative behaviors. Our phone session with a RethinkCare consultant helped us put his behavior in context, develop a framework for dealing with his behavior and a way to get him prepared for upcoming challenges including school. We felt that we as parents and our child was treated with gentle understanding and we were given real, practical tools to help. Children are at the heart of the family, and any behavioral issues at home dramatically impact family functioning and personal functioning. We are so glad that we utilized this employee benefit, and I believe its ability to support families makes it one of the best services that our employer has ever offered us.”

**- Christine, RethinkCare Participant**

“RethinkCare’s programs are set up to guide you through the specific needs of your child. It was easy to navigate and produced a ‘work plan’ specific for your child’s needs. RethinkCare is a support system to help keep kids on track with learning while at home. It’s another tool in our kit to help our children be successful.”

**- Jenny, RethinkCare Participant**

“Having someone to talk to and offer advice is wonderful! Just knowing that I am not alone and not the only one dealing with these issues has made a big difference. This is a valuable tool because it is super easy to make appointments with no waiting, you can call from anywhere that works for you, and can suggest resources for additional help and information.”

**- Lindsey, RethinkCare Participant**

“It is SO comforting to know I have someone I can chat with, and I don’t have to leave my home! Sometimes my schedule is busy, and it’s helpful to get help with situations sooner rather than later – RethinkCare helps me do that!”

**- Nancy, RethinkCare Participant**

"RethinkCare is valuable because it's that collective resource beyond school, beyond therapists, and beyond anecdotal advice. While teachers, school psychologists and counselors, and therapists can provide more focused and specific recommendations, there has never been a time when they are not resource-constrained and having to make do with what they have. RethinkCare is that benefit that has the professionalism and credentials you seek but can be there more often and with more resources."

**- Ross, RethinkCare Participant**

"Max has been diagnosed with ADHD and has a lot of problems paying attention and focusing on tasks, as well as keeping his hands to himself. Working through many of the lessons with my son, we have been able to learn together techniques and methods of communication that play best to his strengths and needs. The results have really paid off in his behavior in school."

**- Thomas, RethinkCare Participant**

"A completely invaluable benefit for us to have access to a qualified behavioral specialist focused on our child's needs and target goals. It is such a valuable asset to support family functioning and help the family be a strong unit focused on good outcomes for the children and for all."

**- RethinkCare Participant**

"The most beneficial part was speaking to someone who understood. It was great to feel heard."

**- RethinkCare Participant**

---

**For support, contact 800-714-9285  
or email [support@rethinkcare.com](mailto:support@rethinkcare.com)**