

### **Rethink**Care & See snowflake®

# Empower all employees to reach their full potential.

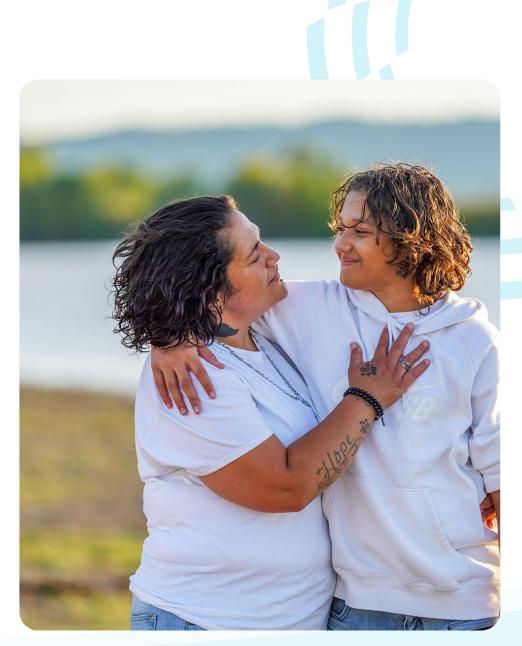
RethinkCare is the leading global behavioral and mental health platform supporting neurodiversity in the workplace and at home.





### Agenda

- Who is RethinkCare
- What does RethinkCare offer
- How to Register
- Quick Demo
- Q&A (pending time)







# The power of **Rethink**Care

The leading global behavioral and mental health platform supporting neurodiversity in the workplace and at home.





The Leader in Behavioral Health Technology









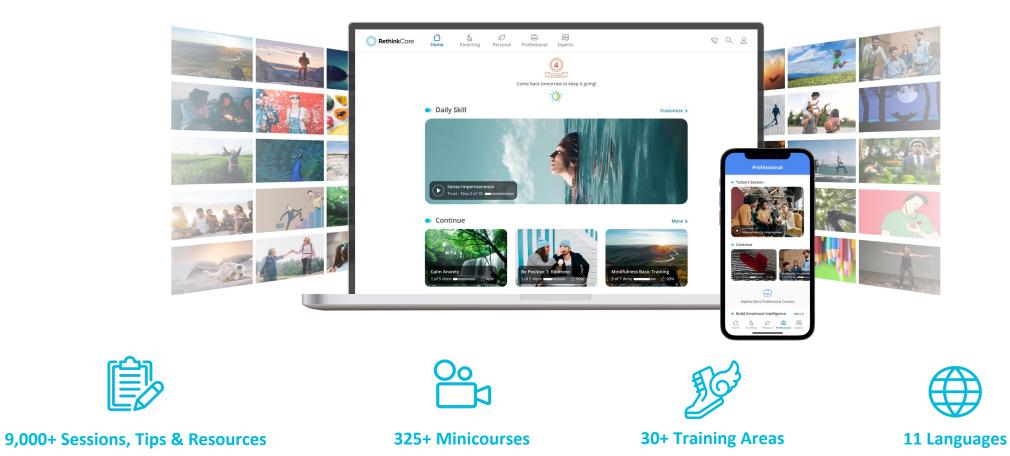
• Founded in 2007 to provide scalable, evidence-based autism treatment training & caregiver support tools.

- RethinkFirst has expanded to serve the full behavioral health community—employers, educators, providers & payors.
- Today, RethinkFirst inspires and empowers all individuals with behavioral health challenges.

50K+30+8/102K+20M+Unique Content<br/>OfferingsFortune 100<br/>CompaniesLargest U.S<br/>School DistrictsActive ClientsClinical Data Sets<br/>Collected Annually



# High-tech, high-touch expert support for your team's parenting, professional, and personal needs





Three evidence-based solutions support the needs of your employees and their families



#### Parental Success

Give working parents behavioral health support for themselves and their children, including those with developmental disabilities.

#### **Professional Resilience**

Foster a culture of inclusivity and high performance through career growth tools for neurotypical and neurodiverse employees.





#### **Personal Wellbeing**

Help employees learn mindfulness techniques and manage stress, anxiety and sleep issues in a changing world.





### Parental Success: Neurodiversity at Home

Empower working parents and caregivers with expert support to raise more confident and resilient children



### Prevalence is increasing

### 1 in 6

Children have at least one developmental disability

### Treatment access is limited



\*

**56K** US Behavior therapists

13.2M

US children with a developmental disability Digital training courses & guides help parents raise resilient children and practice self-care

### Manage emotions







### Prepare for school







### Improve social skills







### Mental health skills for parents









### Personalized expert support for all working parents

1:1 consults with on-staff Board Certified Behavior Analysts

- **Masters- and doctoral-level practitioners** bring years of experience to identify problematic behaviors and work with parents to implement effective solutions
- Available days, nights, and weekends by appointment
- Multilingual interpreter support for parents **across the globe**
- Specialized support for all parents, including those raising neurodiverse children with autism, ADHD, and more.



- Topics include:
  - ✓ Behavior management
  - ✓ Developmental milestones
  - ✓ Attention & focus concerns
  - ✓ Challenges in school

- ✓ Social & emotional learning
- ✓ Communication & speech delays
- ✓ Parental stress management
- And more







### Professional Resilience: Neurodiversity at Work

Foster an inclusive culture at the individual and organizational level to help all employees perform their best at work.





# Expand the talent pipeline and elevate inclusion efforts to drive performance

#### RethinkCare's industry-leading content & consultations

- ✓ **1:1 consultations** with workplace neurodiversity experts
- ✓ 150+ new video/audio trainings available to leaders, managers, colleagues and employees

#### Key outcomes:

- $\checkmark\,$  Tap into the full potential of neurodiverse teams
- ✓ Better attract & retain highly skilled neurodiverse workers
- Equip neurotypical and neurodiverse employees to address stigma and job performance concerns



### Expert job-development training for all employees

### Manage stress at work







### Build emotional intelligence







Self-Regulation 3 sessions

### Lead with compassion







### Accomplish career goals









### Exclusive access to workplace neurodiversity experts

1:1 consults available for all employees

- Experts include masters- and doctoral-level practitioners who bring decades of experience
- Tailored consultations advise executives, managers, and HR to effectively embed neurodiversity into their inclusion strategy
- Specialized support for neurodiverse and neurotypical employees to gain the knowledge and skills for success



• Supplemental e-Learning courses covering:





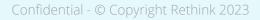








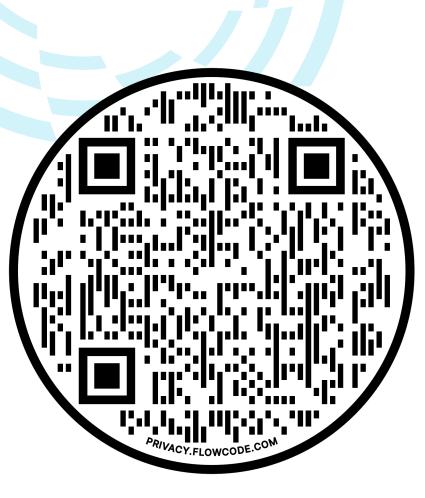






### **Registration is Easy**

Sign up today to gain immediate access to 100's of digital resources. Employees wanting to schedule a consultation can talk to an with an expert within 48 hours, at no cost to you!



# Become the best version of yourself by practicing daily skills

Visit Connect.RethinkCare.com/sponsor/snowflake to sign up today. Company Code: ' snow '

- ✓ 1:1 consultations with parenting experts
- 150+ video/audio trainings to help parents raise resilient children and practice self-care

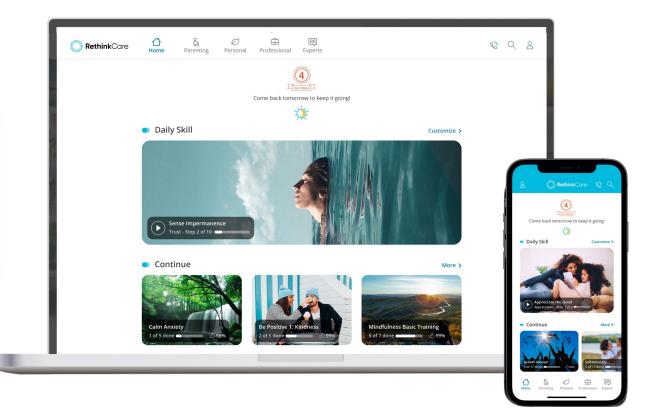
#### FAQ's:

- ✓ "Is there a cost?" No. The RethinkCare platform is free of all employees
- "Can I share access with my family?" Yes, you can add members to your Care Team within your digital account
- ✓ Is information about me shared with anyone?" No, RethinkCare is HIPAA compliant and will never share identifying information with your employer or anyone else.

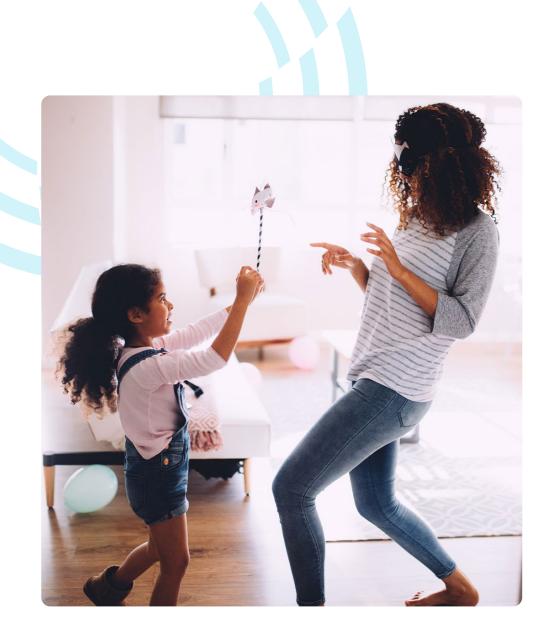


### RethinkCare demo

### Parental and professional enterprise solutions







### The power of RethinkCare

Q&A





### THANK YOU

Visit <u>RethinkCare.com</u> to learn more. Email support@RethinkCare.com with any questions.



**Dillon Christianson** Client Success Manager

