

Omada<sup>®</sup> for Prevention

Lose weight and reduce your risk of developing diabetes.

A program value of \$700 - at no cost to you.

## What you get with Omada:

- ✓ Dedicated health coach for 1:1 support
- ✓ Personalized care plan
- √ Wireless smart scale
- ✓ Interactive weekly lessons
- √ Tools for managing stress



Weight loss & overall health

