

# Across all programs:



Dedicated care advocacy & benefits navigation



24/7, on-demand virtual appointments with specialists



Guided education & communities

## PROGRAM DETAILS

### FAMILY BUILDING & FERTILITY

Holistic care management for all paths to parenthood

- **Global network** of high-quality adoption & surrogacy support
- **Integrated mental health care;** On-demand access to mental health specialists, member communities, and dedicated loss/miscarriage support
- **Inclusive of all paths:** Personalized tracks for preconception, adoption, and/or surrogacy

### MATERNITY

Comprehensive care for new and expecting parents

- **High-quality referrals** to OB-GYNs & birthing hospitals within 48 hours of request
- **Clinical care management;** Early intervention and specialized support for all members, including those who show warning signs of high-risk pregnancies or postpartum depression
- **Birth planning;** 1:1 sessions with midwives and doulas to build a birth plan that aligns with the member's goals
- **Postpartum care;** high-touch support through baby's first birthday, including sleep coaching, lactation support, and career coaching
- **Weekly curriculum;** 61-week curriculum of clinically-approved articles & checklists to educate members through pregnancy & return to work

### PARENTING & PEDIATRICS

Personalized support for caregivers and children

- **Care through early childhood;** Support for parents and children through the child's 10th birthday
- **Developmental milestones;** provider specialties, clinically-approved content, and in-person referrals to support all phases of a child's growth
- **Special needs:** On-demand virtual visits with specialists who are unavailable or costly in-person, including OT's, speech language pathologists, and special education advocates
- **Childcare partnerships;** Preferred access to Maven's ecosystem of childcare and tutoring partners

### MAVEN MILK

Reliable & safe way for nursing moms to send milk home to baby

- **Pump & Carry:** Travel kits to carry on domestic flights and short trips including reusable ice packs & tote
- **Pump & Post Kit:** Designed for overnight shipping in the US (most frequently used by members on the Surrogacy program)
- **Pump and Check Kit:** Designed for international travel. Members check the kit which holds up to 270 oz of milk when traveling and can pick it up at their destination

### MENOPAUSE

Holistic support for members experiencing hormonal changes

- **Clinical care management** to identify menopausal symptoms early and manage care throughout a member's menopausal journey
- **Specialized virtual care teams** of providers focused on all stages of the menopause journey, available 24/7, to support individuals across all related issues including general menopause education, mood fluctuations, hot flashes, sleep issues, balancing work through menopause, and preventing chronic conditions
- **Specialized referral lists** to additional employer-sponsored resources and high-quality in-person providers